



July 2014

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CCSF Gifts and Swag

Catalina Channel Banquet is Saturday, November 1st

Final Call -- Escorting an Open Water Swimmer

David Clark Offers Kayaking Wisdom That Comes with Decades of Experience

Last call for this weekend's Escorting an Open Water Swimmer session. At La Jolla Shores on Saturday July 19th.

RSVP to [David Clark](#) at 858.453.0648

This **free session** is an opportunity to practice skills in navigation, feeding, and safety support of a marathon swimmer.

Training for a Catalina crossing is not only spending hours in the water. It demands practicing with your kayak support

Fund to Assist 2013 Solo Swimmer Steve Robles

Struck by a 7-Foot Shark During Training Swim Over Fourth of July Weekend

A [short-term fundraiser](#) is in progress to assist **Steve Robles**, who expects medical bills in the tens of thousands. At the moment, pledges have reached 20% of the goal.



Surface Water Temps



Channel Webcam from Point Fermin

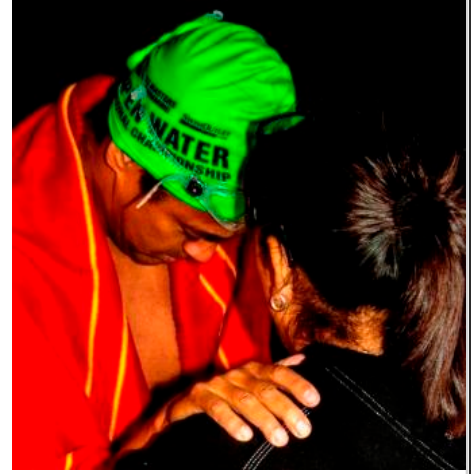


SoCal Marine Forecast



San Pedro Buoy 46222

The Catalina Channel solo swimmer had the misfortune of being struck by a shark. [News coverage](#) spread from coast-to-coast: Steve was on his regular training swim with a group of 15 open water swimmers. They were unaware that a fisherman at the Manhattan Beach pier hooked a 7-foot Great White Shark. For over half an hour the fisherman struggled to reel in his catch.



Steve encountered this "agitated" shark and sustained a series of deep wounds under his armpit and hand, which he instinctively used to pry the shark's mouth off of his body. He was treated at the hospital and released the same day.

The CCSF wishes him a speedy recovery and look forward to the day we once again share a pier-to-pier training swim.

For the time being, fishing has been suspended at the pier. Plans continue for the annual **Dwight Crum** [Pier-to-Pier 2-mile race](#) which finishes at the Manhattan Beach pier. It is one of California's largest open water events, drawing much more than 1000 swimmers.

Dwight Crum occurs the first weekend of August.

Congrats to Channel Cats – A Relay of 14-Year-Olds

The mixed-gender team broke a Catalina record by crossing in under 9-hours

The excitement at Manhattan Beach was preceded one day by the excitement at Palos Verdes. A [relay team of all 14-year-olds](#) crossed the Catalina Channel in (unofficial) 8 hours and 42 minutes. Upon certification, the CCSF will confirm if the team broke the record for a mixed-gender relay under the age of 20.

Congratulations to **Ethan McVeigh, Carson Gossler, Isabella Back, Cayden Pangelinan, Valerie Chin, and Jacee Frivaldo**. During the celebratory brunch the day of the swim, we overheard a couple of the teens discussing the possibility of a solo attempt in the near future.

We're looking forward this summer to a few more relays of age-groupers. Open Water Swimming continues to attract USA Swimmers

CONGRATULATIONS **BELLA** FOR BEING THE FINISH LEG!

NOTE: The certified success list of [CCSF solo](#) and [relay](#) swimmers is updated once a year, at the conclusion of the swimming season.



Summer '14 Beach Reading for Marathon Swimmers

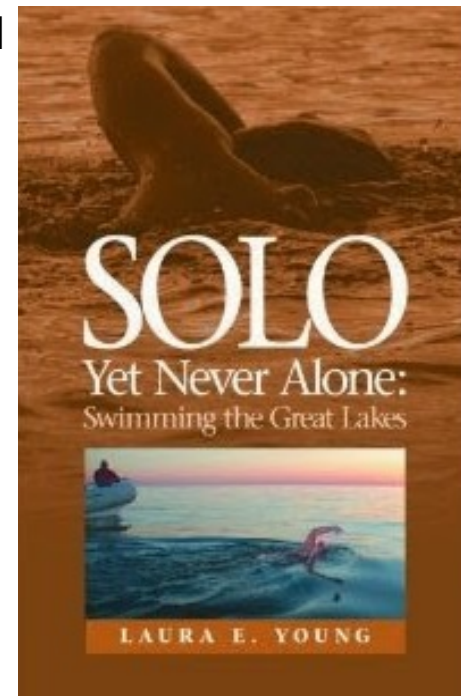
'Solo, Yet Never Alone: Swimming the Great Lakes' Offers History & Motivation

Journalist and swimmer **Laura E Young** interviewed 40 marathon swimmers from Canada who have crossed at least one of the Great Lakes: Ontario, Michigan, Superior, Huron, and Erie.

The result is the newest historical book on open water swimming: [*Solo, Yet Never Alone: Swimming the Great Lakes*](#).

Several of the athletes Young interviewed have also made solo crossings of the Catalina Channel. The CCSF has an affinity toward Canadian marathon swimmers. The first person to swim solo from Catalina Island was a teenager from Toronto - **George Young**.

[*Solo, Yet Never Alone*](#) is already on our bookshelf. We've delved through the chapters in search of adventure, experience and wisdom, plus a little extra motivation.



"Channel Cats" relay received valet service from the shoreline back to their channel escort vessel Bottom Scratcher.

Monthly Newsletter Updates Swimmers & Observers

Expect CCSF Newsletters to Arrive Semi-Regularly with Vital Info and Dates