



Safety Education and Scholarships Awards

First Aid, Safety and CPR Training

1. For Local Clubs and Community Programs

Catalina Channel Swimming Federation has created a training program to educate the swimming community, both established open water swim organizations and groups of individuals who wish to begin open water programs, in evaluating the precautions and risks involved.

Format for training is as follows is

- Health and Safety
- CPR Certification
- Demo Throw Bag
- Round Table Discussion hosted by trained Health & Safety Professional

This gives members of our local communities the opportunity to meet and talk with successful marathon swimmers regarding *their personal experiences*.

2. For Professional Open Water Organizations Hosting Competitive Events

Training for supporters and volunteers for open water organizations and events is available to most organizations that either currently host events or are interested in hosting events and are interested in providing additional safety training for those involved.

Depending on the distance and location, CCSF may pay for all or a portion of travel costs.

If time and distance is reasonable CCSF may provide safety instructors currently used by CCSF. If this is not possible, CCSF will pay a local professional to provide CPR training. CCSF does not pay for CPR Certificates; this will be the financial responsibility of any individual wishing to carry a current certificate.

All training and supplies currently used by CCSF will be available for duplication by the hosting entity.

CCSF Observer Training & CPR

Schedule Observer Training during the month of May. Ideally you will want to organize a training / CPR training class in both San Diego and Los Angeles area.

For any and all training programs or training events please contact Support well in advance to confirm their availability. Ideally, this should allow them to plan their schedule so they can attend and meet current and prospective Observers.

Training Events.

April 1st - Advertise Events

- Beginning to advertise times and locations via the newsletter, website and social networking media.

May 1st - Arrange Lunch: Observer training is a 6-8 hour day for our volunteers.

- Determine a lunch and beverages for the number of participants +10 for unexpected or last minute additions.
- If either of the events are scheduled in at a personal residence include the cost of disposable plates, utensils, napkins and clean up supplies.
- Notify Board via email of the costs
- Collect a \$100 check from the Bookkeeper/Treasure made out in the name of the First Aid Professionals providing First Aid / CPR Certification.

May 2nd – Verify Required Observer Supplies

- Make sure there are sufficient “Observers Tool Kit” binders printed and available at all training locations for new Observers.
- Make sure you have folders available with additional forms for existing Observers
 - Those forms include: Swim Logs; Charting Maps; Reimbursement for volunteer expenses.

Training Format: Please take time to talk with the Safety Instructor to discuss preferred CCSF training format. Remind them they are the monitor for the afternoon discussion. Answer any concerns or questions prior to scheduling the event.

Morning session:

- Health and Safety
- CPR
- Demo Throw Bag
- Observer Technical/ Records training
- Have all observers sign liability waiver

Afternoon session:

- Round Table Discussion hosted by trained Health & Safety Professional
- The afternoon session is extremely important. The information shared during the afternoon session can be crucial life saving information specific to open water swimming and attendees should make every effort to complete this session. This typically a venue to discuss hyperthermia, allow new Observers to ask questions and allow experienced Observers to share stories and lessons learned.

Previous First Aid and CPR trainers include:

- Becky Jackman ChannelPrincess@Cox.net San Diego (619)-250-9976
- Jeff Beeler SafetyJeff@Cox.net San Deigo (877) 249-6181
- _____
- _____

At the present time:

- CCSF pays a \$100.00 allowance to cover expenses and time.
- Please contact the CCSF Treasurer to arrange to have a \$100 check made out in advance to the individual in charge.
 - Please present check to the training professionals at the end of the training session.

Dottie York Scholarship Fund

The Dottie York Scholarship Fund was first funded in 2009 and applications become available in 2010. The purpose of the Scholarship fund is to assist dedicated open water swimmers who are U.S Residents, and *not* able to meet the financial obligations required for a Catalina Channel Swim attempt.

The Scholarship funds are awarded at the sole discretion of CCSF. Scholarship applications are reviewed by a panel selected by the Board. The names of the panel members are completely confidential known only to the Board of directors and not disclosed on any correspondence regarding the awarding or denial of scholarship funds. The criteria for evaluating the applications are known only to our DYSF current panel members. By keeping the evaluation criteria confidential we minimize the possibility of applicants of skewing the application to match evaluating criteria.

The DYSF funds are dispensed from a Bank of America bank account set up specifically for Fund. The following pages are review the forms and letters used to manage this division. Certain pages are presented as Not Available when the information is confidential and privy only to DYSF panel members. Awards should be mailed by priority mail with a tracking number.

- Application - Please see
- DYSF – Funding Evaluation
- DYSF – Evaluation Results
- Award Letter
- Denial Letter
- Cancellation Letter
- Decoding CCSF – Evaluators

Dottie York Scholarship Fund
Evaluation Results

For the Year of: _____

Scholarship Applicant: _____

Date Applied: _____

Evaluator Determinations

<u>Evaluators</u>	<u>Score</u>
LI98LA	_____
TE35SN	_____
AA56AA	_____

Total Score

Average Score:

Award Amount:

Check #

Dated:

Award Mailed:

Date: _____

Via: _____

Dottie York Scholarship Fund Evaluation

Applicant Name: _____

Date of Application: _____

Possible Score		Comments
Actual	Possible	
Total Score:		

Percentage Earned: 0

Distribution:	
Score of less than 70%	\$0.00
Score of 70% - 79.9%	\$750
Score of 80% - 84.9%	\$1,000
Score of 85% - 90.9%	\$1,500
91% or more	\$2,000



XXXXX
XXXXX
XXX, XX XXX

Date:

AWARD LETTER

Dear XXXXX,

Thank you for taking the time to submit your request for Dottie York Scholarship funds.

The Dottie York Scholarship Fund in conjunction with the Catalina Channel Swimming Federation has developed a confidential scoring system to keep our evaluations fair and on track will all our applicants. This system was developed with the spirit of Dottie York and the Mission Statement of the Federation in mind.

We do appreciate your enthusiasm and commitment to the world of Open Water Swimming. After careful review of your application the Dottie York Scholarship Fund has awarded \$_____ to financially assist you in your current commitment to swim the Catalina Channel in 2010.

We wish you the very best in your training efforts and we look forward to meeting you and Observing your upcoming swim.

Our very best regards,

xxxxxx, President, Dottie York Scholarship Fund

Linda A. Bamford
President, Catalina Channel Swimming Federation

Evaluating Committee:
TE35SN
LI98LA
AA56AA



Dear Scholarship applicant,

DENIAL LETTER

Thank you for taking the time to submit your request for Dottie York Scholarship funds.

The Dottie York Scholarship Fund in conjunction with the Catalina Channel Swimming Federation has developed a confidential scoring system to keep our evaluations fair and on track will all our applicants. This system was developed with the spirit of Dottie York and the Mission Statement of the Federation in mind.

Unfortunately, at the present time, your application did not meet the requirements for fund distribution. We do appreciate your enthusiasm for open water swimming and wish you the very best in your training efforts. We accept only one scholarship application per person per calendar year. If you wish to reapply in future years, we look forward to reviewing your request at that time.

As you might imagine it is important we keep the values and the scoring system undisclosed to prevent current or future applicants from skewing replies to meet guidelines.

We understand you may be disappointed but be assured this denial is not reflective of your character or your abilities. We wish you the very best in all your open water challenges and the safe success of your endeavors.

Our very best regards,

xxxxxx, President, Dottie York Scholarship Fund

Linda A. Bamford
President, Catalina Channel Swimming Federation

Evaluating Committee
TO352LS
AA565VA
LI687SO



CANCELATION CONFIRMED

XXXXXXX
XXXXXXX
XXXXXXX

Dear XXX,

Thank you for taking the time to submit your request for Dottie York Scholarship funds.

It is the scholarship committee's understanding that you have made the decision to cancel your Catalina Channel swimming plans for 2010. We do appreciate your enthusiasm for open water swimming and wish you the very best in all your training efforts. We accept only one scholarship application per person per calendar year. If you wish to reapply in future years, we look forward to reviewing your request at that time.

We wish you the very best in all your open water challenges and the safe success of your endeavors.

Our very best regards,

xxxxxx, President, Dottie York Scholarship Fund

Linda A. Bamford
President, Catalina Channel Swimming Federation

Evaluating Committee
TO352LS
AA565VA
LI687SO

Decoding CCSF – DYSF Evaluators

Using the [REDACTED] category
[REDACTED], duplicate the last one

Fields Used:

- Name
- Telephone Number
- City

[REDACTED]

[REDACTED]

[REDACTED]

Examples:

TE35SN

LI98LA

AA56AA

This may seem cryptic to the Board – but it is easily understandable to the DYSF panel. The anonymity surrounding this prevents embarrassing turn downs, potential hurt feelings and the need for panel members to disqualify themselves when evaluating fellow athletes.