

Relay Team Application for 2018 Catalina Channel Attempt

Welcome to the Catalina Channel: a 20-mile cold water swimming challenge, which only a few hundred athletes have accomplished. The first successful Catalina Channel relay occurred in 1926, in advance of the inaugural Wrigley Ocean Marathon of 1927.

The 2018 Catalina Channel Swimming Federation (CCSF) application has been updated from the previous season. The application is a fillable pdf and easily completed on laptop or tablet.

Your first step is to charter an escort vessel for your attempt. The CCSF recommends four boat captains. Their contact info is provided at the CCSF website.

Relay Teams must apply for their Catalina sanction at least **45 days** in advance. The CCSF offers a discount to teams who complete the application by **May 1**. The relay team captain is responsible for coordinating and collating the application so it is delivered in a single package.

Where possible, the CCSF strongly recommends that the entire relay team gather together and complete the application in a group setting. Otherwise, it may take a relay team substantial time gathering all the necessary paperwork. Reduce your headaches, and start working today as a team!

Applications are accepted by **mail**, **fax**, and digital scans via **email**.

A CCSF representative will reply when your application has arrived. Incomplete applications will be immediately returned.

Team Captains can expect that a **CCSF representative may contact** them to review your application. When our review is completed, the captain will be notified if the application has been accepted to make an attempt on the Catalina Channel.

In the days leading up to your scheduled attempt, a CCSF representative will introduce your Official Observers. At least two Observers are assigned.

Please consider subscribing to the CCSF newsletter, which is how we share details about our awards banquet in November and updates on the Catalina Channel season. You'll find the subscription box at the bottom of the CCSF website homepage.

We look forward to seeing you soon in the Catalina Channel. Forrest Nelson, President, CCSF



CCSF Relay Application Checklist

The **relay team captain** shall coordinate the application process among the team members. The CCSF expects the captain to collect and organize the relay members' forms, waivers, and fees. Then deliver the entire relay application as one submission in a single package.

Relays must apply at least 45 days in advance of their attempt CCSF offers a discount to relays who deliver their completed application by May 1

CCSF Application may be delivered via fax, digital scan, or first class postal service. Sanction fees & membership dues payable to "Catalina Channel Swimming Federation"

Send checks to: Carol Sing, 10002 Cristobal Drive, Spring Valley, CA 91977 (U.S.A)

Fax number: **866-910-3285**

IFOULIGE FOR RELAY CARTAING.

Email address for application questions and/or delivery: info@swimcatalina.org

**International swimmers can obtain details via email on how to transfer funds.

CHEC	RLIST FOR RELAT CAPTAINS.
1.	MEMBERSHIP FORMS for each relay member (plus alternates)
2.	MEMBERSHIP DUES made out to "Catalina Channel Swimming Federation"
3.	MEMBERSHIP DUES for each relay member (plus alternates)
4.	WAIVER OF LIABILITY completed by each relay member (plus alternates)
	(Please ensure witnesses have signed each Waiver)
5.	NOTICE TO ATTEMPT Relay
6.	HISTORY of each relay member's longest, cold-water swim
7.	PLAN YOUR SWIM / SWIM YOUR PLAN
8.	SANCTION FEES for scheduled crossing attempt
	Number of CCSF memberships for a total amount of US \$ Dollars
	Number of crossings for a total sanction fee of US \$ Dollars
Total	submitted to the Catalina Channel Swimming Federation: US \$ Dollars
PHOT	OCOPY CCSF APPLICATION FOR YOUR RECORDS
DATE	SENT to CCSF:

CCSF does not provide support paddlers for swimmers. They are strongly encouraged for the safety of the swimmer. Having a support paddler in the water during your swim will minimize the risk of an Official Observer canceling your swim.



Name:

CATALINA CHANNEL SWIMMING FEDERATION

MEMBERSHIP FORM Relay and Solo Swimmers

Ttanio:	
Enter your name as you would like it to appe	ear on the official CCSF certificate
Membership is a requirement for solo s	swimmers and relay teammate
I am joining the Co Solo swimmer	
Relay swimme	er
Supporter (Gu	uardian)
Address:	
City:	
State: and Country: _	
Postal Code: Date of Birth: _	Age Sex:
E-mail address:	
Mobile Phone: Alterr	nate Phone:
CCSF Membership Category:	
Annual Membership:	\$ 25.00
Senior Citizen: (60 and over) Life Time	\$ 10.00 \$ 250.00
I would be interested in Volunteering for the foll A. Paddling Escort B. Support Team C. Swim Observer	lowing:

We encourage members to **subscribe to the CCSF Newsletter** to receive important information throughout the season not limited to the date of the annual awards banquet, training sessions for official observers, training opportunities for kayak support and announcements of successful crossings. Subscribe @ www.SwimCatalina.org

Purchase Logo Swim Gear and Gifts at:

Cafepress.com/swimcatalina



CATALINA CHANNEL SWIMMING FEDERATION WAIVER OF LIABILITY

I,, have voluntarily requested to enter and participate in ar
effort to swim the Catalina Channel. I understand the extreme dangers and risk of such ar
undertaking and am aware of the difficulty involved, even for the most conditioned athlete.
understand that I should not enter this event unless I am in excellent health and am fully
trained and conditioned for this strenuous task.

I am also aware of the unusual weather conditions that may prevail in the Channel at any time of the year, including but not limited to: high, gale force winds; dense fog; great and swift seas; strong currents; pounding surf; treacherous rocks and reefs; and the constant presence of potentially dangerous marine creatures such as sharks and marine mammals.

I am aware that this Channel, also known as the San Pedro Channel, is a major maritime shipping channel, plied day and night with numerous commercial vessels of great speed, tonnage and size attending the Port of Long Beach and other destinations.

I AM AWARE THAT THESE ACTIVITIES AND MY PRESENCE AND ACTIVITY ON AND ABOUT THE WATERCRAFT AND IN THE ADJACENT WATER CONSTITUTES A HAZARDOUS ACTIVITY. I AM VOLUNTARILY PARTICIPATING IN THIS ACTIVITY WITH KNOWLEDGE OF THE DANGER INVOLVED, AND AGREE TO ASSUME ANY AND ALL RISKS OF BODILY INJURY, DEATH OR PROPERTY DAMAGE, WHETHER THOSE RISKS ARE KNOWN OR UNKNOWN.

I verify this statement by placing my initials here:	
If under 18, place Parent or Guardian's initials here:	

Nevertheless, with knowledge of these facts, and in consideration of acceptance of my entry, I intend to be legally bound for myself, my heirs, executors and administrators, hereby waive and forever discharge any and all rights and claims for damages that may accrue to me against the Catalina Channel Swimming Federation, the sponsors and directors of the event, the counties and municipalities involved, the individuals assisting with the event, or any person connected with this event, their representatives, successors and assignees (collectively, the "Releasees"), from all rights, claims, or liability for damage for any and all injuries to me or my property, arising out of, or in connection with: (i) my participation in this event, (ii) my access to and presence on and about the watercraft and in the adjacent water, (iii) the negligence or other acts, whether directly or indirectly connected to this activity and however caused by any Releasee, and/or (iv) the condition of the watercraft, the adjacent water and other areas where this activity may occur, whether or not I am then participating in such activity. I also agree that I, my assignees, heirs, distributees, guardians, next of kin, spouse and legal representatives will not make a claim against, sue, or attach the property of any Releasee in connection with any of the matters covered by this Waiver of Liability. I further agree that I will indemnify and hold the Releasees harmless against all claims, demands, and causes of action including court costs and attorney's fees, directly or indirectly arising from any action or proceeding brought by or prosecuted for my benefit.

This release extends to all claims of every kind and nature whatsoever, whether known or unknown.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A WAIVER AND RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE CATALINA CHANNEL SWIMMING FEDERATION, AND SIGN IT OF MY OWN FREE WILL.

If Signed by Parent or Guardian. I verify that the dangers of the activities and the significance of this Waiver of Liability were explained to the Participant and that the Participant understood them.

Executed at (city, state, country)	, 20
PARTICIPANT and DATE	
WITNESS #1 and DATE	
WITNESS #2 and DATE	
PARENT'S NAME and SIGNATURE, IF PARTICIPANT I	S UNDER 18



Catalina Channel Swimming Federation

NOTICE TO ATTEMPT RELAY

Relay Name			
Enter your relay name as it sho	uld appear on the official CCSF certific	ate and success list on C	CSF website.
Team Captain		Date of Birth (DO	B)
Address		State	
City	Nation	Postal Code	
Email			
Relay Members*.			
Captain	Phone	DOB/	sex
Name	Phone	DOB/	sex
Name	Phone	DOB/	sex
Name	Phone	DOB/	sex
Name	Phone	DOB/	sex
Name	Phone	DOB/	sex
AlternatePhoneDOB/sex			
Relay Swim	Relay Sanction Fee Received or multiple crossings the additional sance Relay Swim Around Catalina Sanction Fee Received Sanction Fee includes a non-refure	red After May 1st is: nction fee per leg is: n Fee by May 1st is: red After May 1st is:	\$600.00 \$900.00 \$420.00 \$1,500.00 \$1,800.00 g Fee
CONSULT YOUR CH	ARTER'S CONTRACT TO CON	NFIRM THE FOLLOW	VING DETAILS:
Navigator and Name of Ch	narter Vessel		
	ing Double Triple _		
	/Port, and Scheduled Departure		
	art Time of Relay Attempt		
	alina or Mainland		
Please return the No	OTICE TO ATTEMPT at least 45 IPLETE APPLICATION WILL N		•
For office use: Relay Category			



CATALINA CHANNEL SWIMMING FEDERATION History of <u>each</u> team member's <u>longest</u> cold-water swim

RELAY CAPIAIN	l				ema	II:		pnone:	
Name of Relay Member	Venue: Ocean, Lake or River?	Date	Distance Km/Miles and Time	Water Temp	Air Temp	Nourishment/Fuel What? How Often? Volume? Ounces?	Water & Weather Conditions	Person Verifying Swim/Contact information	Escort Boat? Paddlers?
1									
2									
3									
4									
5									
6									



Swim Date:

CCSF Observer Questionnaire Plan Your Swim - Swim Your Plan

Please complete this form prior to your swim date and give a copy to your observers when you board the boat. Your observers may also ask for a copy of your plan prior to your swim date, if available. The CCSF assigns two Observers for a crossing, to be determined as your swim date approaches. Swimmers are responsible for recruiting support crew.

Team Name	Team Captain	Crew Chief (If Applicable)		
1.				
2.				
3.				
Please list team member names in the order in which they will swim for each team swimming in the relay. List				

Please list team member names in the order in which they will swim for each team swimming in the relay. List alternates below each team in the space provided.

Team 1	Team 2	Team 3
1.		
2.		
3.		
4.		
5.		
6.		
Alternates:		
1.		
2.		

Names of Support Crew	Capacity of Support Coach/Kayaker/Other	Experience supporting open water swims? Yes/No	Experienced with night swims? Yes/No
1.			
2.			
3.			
4.			
5.			

Interaction with Observer:

Your Observer may be asking questions of either the swimmer or the kayaker during the course of the swim. The Observer must have good visibility of the swimmer and be able to verbally communicate with those in the water.